

Frequently Asked Questions & Answers: Rx One Health 2018

Updated December 15, 2017

- *Can I get school credit for the course? (e.g., MPH, MPVM)*
 - Getting credit for this field course will depend on the graduate program and university you are attending, and will be your responsibility to pursue, should you so desire. Please check with your program directly to explore this as a possibility.
- *What backgrounds/disciplines will the course participants represent?*
 - Rx One Health is open to all health disciplines, including human and animal medicine, public health, agriculture, environmental sciences, social sciences, and ecology and conservation professionals/students.
- *Can undergraduate students participate in the course?*
 - This course is only open to graduate and professional students, as well as early career professionals already possessing advanced degrees.
- *In terms of faculty, who will accompany participants in the field?*
 - You can find a list of the faculty working on the organization of the Rx One Health Course here: <http://www.vetmed.ucdavis.edu/ohi/programs/rx-one-health.cfm/>. Additional faculty will come from the US and from in-country partner institutions, for varying durations of the program depending on topics and locations. A complete list of faculty will be available on the website along with the course schedule.
- *What might a typical day look like?*
 - Days will be varied and diverse, so come prepared for a dynamic experience. Participants can expect both formal and informal lectures, group discussions, team-based activities, problem solving exercises, field and laboratory work, and interactions with local individuals (including local experts, community members, and stakeholders). In addition, participants will have opportunities to experience the local culture (dancing, dining), to view African wildlife, and to socialize with colleagues. Days will be long and action-packed, with very little “down” time! A packing list will be provided to participants in May.
- *What hands-on experiences will be involved?*
 - The predominant livestock species will include cattle, goats, and chickens, and we will be working at landscape interfaces where communities, livestock, and wildlife interact near national parks and wildlife management areas. The faculty will provide insights and information on locally relevant and timely One Health issues affecting livestock, wildlife, the people who depend on them, and their shared environments. For example, we will consider infectious diseases like tuberculosis, brucellosis, influenza, and Rift Valley fever, in addition to other health issues that affect human and animal health, as well as productivity (including mastitis, antimicrobial resistance, wildlife conflict, climate change, and food security) and conservation.
- *Where will we be staying and what can we expect in terms of meals, internet, cellular phone coverage, etc.?*
 - Accommodations will be secure (although no location can be guaranteed 100% safe from theft, so participants will be expected to practice vigilance and foresight with regard to their belongings), and will vary, from modest hotels in cities, to lodges in rural settings, to tents or tent cabins in more remote settings. Toilet facilities will vary from flush toilets and hot water, to pit latrines and no showers. Potable drinking water and prepared meals will be available throughout the trip. Internet (of variable access speed) will be available at most but not all venues. Cellular phone coverage is good, but participants will need to purchase their own international plans or SIM cards for installing in their unlocked phones. A packing list will be provided to all participants in May.

- *When will participants need to be in-country? What happens when participants arrive in Tanzania?*
 - Participants will need to be in Dar es Salaam by Sunday, July 8th. Once participants arrive at the Julius Nyerere International Airport, they will connect with faculty/course representatives who will arrange in-country transportation. Starting on July 8th, after convening as a whole, participants will be “on the move” to continue the program throughout Tanzania. At the end of the course, participants will be released at the end of the day on Friday August 3, to travel home or travel further per their own plans and support (leaving Tanzania August 3 at night or on Saturday August 4).
- *What does my course fee cover?*
 - Course fees pay for instructional costs and learning supplies, inclusive of transportation and logistics during the course (not to and from), insurance, and permits.
- *How/when can I get a course itinerary?*
 - The detailed four week course itinerary and curriculum will be distributed in May. Bear in mind that FLEXIBILITY will be the name of the game during this immersion course, as each day may not go exactly as planned depending on local circumstances, opportunities, and challenges.
- *Can we get a list of participants with contact information to facilitate communications before the course?*
 - Yes! We will circulate a list with all participant’s contact information in April so that you have a chance to connect before starting the field course experience together.
- *What immunizations or medications will I need to protect my health?*
 - You should coordinate soon with your doctor or travel clinic to prepare for your travel to Tanzania. For example, malaria is a consideration. Proof of Yellow Fever vaccination is required; it is strongly recommended you consult with your physician to obtain this vaccine as soon as possible due to the current nationwide shortage in the U.S. Other vaccinations and medications may be recommended by your healthcare provider. The Centers for Disease Control and Prevention (CDC) provides useful information for travelers going to [Tanzania](#). Additionally you will need proof of a current Rabies vaccination to participate in certain animal handling activities.
- *What travel insurance is available for participants?*
 - **UC Students**
 - All UC students receive UC travel insurance by registering their trip. More information will be provided by e-mail and at the mandatory Safety Orientation conducted by the Office for Global Programs (**TBD**).
 - **US Residents (but non-UC students)**
 - US residents are considered ‘UC Affiliates’ (through enrollment in the Rx One Health Course) and are eligible for UC travel benefits free of charge. In order to obtain UC travel insurance, US course participants must register their trip at: <https://ehs.ucop.edu/away/#/>
 - **Non-US Residents**
 - For Non-US Residents, emergency medical and medical evacuation insurance will be provided by the Rx One Health course fees for the duration of the course. Confirmation of your coverage will be provided.
- Participants should also check if their own health insurance applies overseas and/or whether they are eligible for travel coverage from their home institution.

Please Note:

General Liability Insurance is automatically provided for all course participants.

- *What travel documents will I need for entry into Tanzania?*
 - Most non-citizens of Tanzania will require a visa for entry; however, these requirements differ by home country so please check. For U.S. citizens entering Tanzania, visas for study purpose should be obtained before traveling, see embassy web links below for more detail. Cost has been \$100 USD for citizens and \$50 for non-U.S. citizens. In addition to visas, a passport valid for six months beyond date of entry with at least one blank page is required for entry. As stated above, proof of Yellow Fever vaccination will also be required for the trip.

Helpful websites:

http://tanzaniaembassy-us.org/?page_id=76

<https://travel.state.gov/content/passports/en/country/tanzania.html>

Points of contact and address during the course: Tanzania:

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